



We are thrilled to be offering an incredible opportunity for ladies of all golfing abilities to come and celebrate the start of the season with a full day of fun and connection! Whether you are picking up a club for the first time or are a regular on the greens, this full day mini-retreat will have you learning, laughing, and relaxing in a supportive and wellness-focused environment! **NATURE** - Soaking up the beautiful views of Kananaskis, **NURTURE** - filling the soul with good food and even better company, **NINE** - dusting off the clubs for a lively nine holes. **WE. CAN'T. WAIT.**

### *About Your Special Day*

Our first event of this kind back in May 2019 was a beautiful success and then Covid prevented us from hosting again until now! On Monday, May 16, 2022 we're excited to host another day filled with like-minded women, fun on and off of the course, golfing tips with our KCGC pros, great food prepared by executive chef

David Harding and some beautiful moments on the golf course. The day begins with a delicious continental buffet. Offerings of muffins, scones, croissants, smoothies, juices and fresh fruit can be enjoyed while you mingle and pick up your special swag bag (valued at \$150). Our KCGC PGA of Canada Professionals -- will host a golf clinic and Q&A session designed to help you get off to a great start in 2022 and answer any burning questions you have always wanted to learn about this wonderful game of golf. A wholesome and hearty taco lunch buffet will be served during a full fashion showcase of this season's freshest course looks and most stylish swing attire. Let's put your newly learned tips and tricks to the test during your time on the scenic Mt Lorette and Mt Kidd golf courses. A lively round of nine is sure to work up a thirst, so after the round we will regroup in the Robert Trent Jones Pavilion after to enjoy each other's company and a few refreshing cocktails before enjoying our chicken and ribs BBQ buffet. The day ends with a powerful drumming circle to send everyone away with a feeling of powerful togetherness. Simply put, Drum Circles are a tool for the well-being of our selves and our world.

### *The Event Schedule*

- 8:30am -9:30am: Registration, swag bag, and Continental Buffet Breakfast
- 9:30am - 10:30am: Welcome from Kananaskis Country Golf Course and mingling game
- 10:30am - 12:30pm: Clinic Instruction with the KCGC pros
- 12:30pm - 2:00pm: Taco Bar Lunch & fashion show
- 2:00pm - 2:51pm: Break; opportunity to visit the Golf Shop and use your \$20 Golf voucher
- 2:30pm - 2:45pm: Yoga stretching
- 2:51pm - 4:03pm: Consecutive tee times on the scenic Mt Kidd and Mt Lorette golf course with on course tips from our KCGC pros
- 6:30pm - 7:30pm: Chicken and Ribs BBQ with Keynote speaker
- 7:30pm - 8:45pm: Circles of Rhythm - Drumming Circle
- 8:45pm - 9:00pm: Closing remarks

### *How to Book*

With limited spaces available, Nature. Nurture. Nine. will be an intimate gathering of women looking to kick-off their golf season in style - complete with a little extra well-being, social time, and laughter.

Whether coming solo or in a group, Nature. Nurture. Nine is priced at **\$ (+ GST)** per person, including breakfast, lunch and dinner. A credit card is required to reserve your place and payment will be taken in advance. You'll receive your confirmation via email. The event will take place, rain or shine! Reserve your place by pre-booking via [this link](#).

### *The Menu & Dietary Restrictions*

Our Executive Chef, Dave Harding, has carefully prepared a menu for the day that is both satisfying and delicious while also being light, fresh and health-focused. Please notify the events team in advance if you have specific dietary requirements.

### *Things to Know*

- Please bring your golf clubs
- Dress for the mountain elements. Layers are best.
- Upon arrival, there will be signage guiding guests to the designated parking areas. From there, head to the Robert Trent Jones Pavilion.

### *Interested in Staying Overnight on Sunday, May 15, 2022?*

For those wanting to make a two-day event of it and stay in Kananaskis Country before the event, we've partnered with our hotel neighbour, Pomeroy Kananaskis Mountain Lodge, to offer our Nature. Nurture. Nine. guests a preferential room rate for the evening of Sunday, May 15, 2022. Please note, these rates are subject to availability. To book, visit the below

[Book your group rate for Kananaskis Country Golf Course Ladies Event](#)



Treat yourself to an evening at the Nordic spa for the soak and sleep Nature, Nurture, Nine special rate of \$59! Regular rate for these two hours is \$89.  
Hours to get lost in bliss are from 7pm - 9pm.

For further information, or if you have any questions about the Nature. Nurture. Nine. event, please contact: [tpaley@kananaskisgolf.com](mailto:tpaley@kananaskisgolf.com)

